

MELROSE COLORGUARD PROGRAM

2013 Winter Guard Handbook Updated 1/3/13

Welcome to our fourth winter guard season.

There are a few guidelines that need to be followed so that we have a great season.

Attendance:

All members must attend practice. We do not practice a lot and the level of detail required to be great at this is quite high. If you need to miss a lot of practices please do not join. You will need to balance your school work, sport events and family obligations in a way that supports being here.

Dance and Equipment:

You will all be required to participate in dance class and equipment sessions. In winter guard all members are evaluated in Movement/Dance, Equipment, Ensemble and General Effect. Basic dance skills must be adhered to and basic equipment skills will be taught.

What you need for practice:

Everyone will need at least 2 flags and 1 set of hand flags and a saber. We will make sure you get the appropriate equipment in a timely manner.

No jeans or flip flops allowed at practice. You must dress for a work out training session. Baggy clothing is not appropriate. We need to see you so we can correct your dance and equipment skills. We ask that you always wear dark bottoms and a light top to practice. Always bring some water or a drink with you to practice to keep hydrated.

Uniforms:

We will wear new uniforms.

What you need to buy:

All members must have the same dance shoes. All of you will have to do is buy dance shoes.

Performances: as of 1/3/13

The guard will perform 6 times this winter.

See attached schedule!

Busses will be available. See Band Parents for information.

Non performing student members are not allowed on the bus unless there is permission from Mr Repucci. There may be a small fee for non performing members to ride the bus.

Each show lasts about 3 to 4 hours.

We will practice for at least 2 hours before each show. This location will be determined later on.

Cell Phones/Talking/Respect:

All cell phones must be turned off when practice starts. There is to be minimal talking when instruction is going on and you will absolutely be respectful to fellow members and staff at all times.

Reputation and Creating our Identity:

The Melrose Color Guard has become a standard by which many bands follow to become great at this activity. It will be each of your responsibilities to always carry yourselves with class and respect for other guards. When at shows you should always clap for other groups, be respectful to the show workers and remember you represent your fellow band members, staff and the community.

Performance Floor:

The floor we have is 50x70 and weighs 340 pounds. Get ready to deal with it!
The floor must always be at every practice and show.

Who to contact:

If you are sick and need to miss practice you need to call Kendra at 781 244 0907

Lennie's cell is 617 797 7534 or Rich's Cell is 617 733 2836

Telling any member of the guard you can not make it IS NOT HOW IT WORKS. You must contact a staff member.

Please keep in mind school attendance and all other school policies not listed are always in place.

Mr. Repucci must always be informed of EVERYTHING!!!!

Melrose 2013 Winter Guard: Update 1/3/13

*******Wednesdays are 7:00 to 9:30 Sundays are 4 to 7PM**

Wednesday November 7th Meeting to establish program HS CAFE

Wednesday November 14th HS Cafe

Sunday, November 18th Marcoux Gym

Wednesday November 28th Marcoux Gym

Sunday Dec 2 4PM to 7PM

Wednesday Dec 5th

Sunday Dec 9th

Wednesday Dec 12th

Sunday Dec 16th

Wednesday Dec 19th

Sunday Dec 23rd

Wednesday Jan 2nd

Sunday Jan 6th

Wednesday Jan 9th

Sunday Jan 13th

Wednesday Jan 16th

Sunday Jan 20th

Wednesday Jan 23rd (May be in Café)

Sunday Jan 27th

Wednesday Jan 30th

Sunday Feb 3rd

Wednesday Feb 6th

Sunday February 10th

Wednesday Feb 13th

Sunday Feb 17 NO PRACTICE

Sunday Feb 24 (we will determine this before vacation)

Wednesday Feb 27

Sunday March 3 Show Everett MA (practice 8:30 to 10)

Wednesday March 6

Sunday March 10 Practice 9 to 11 DOVER NH SHOW

Wednesday March 13

Sunday March 17 SOMERSET SHOW (Practice 8AM to 10)

Wednesday March 20

Sunday March 24 SHEPHERD HILL (Practice 8 to 10AM)

Wednesday March 27

Saturday March 30 HOME SHOW ALL DAY!!!!!! (Practice 9 to 10:30)

Wednesday April 3

Saturday April 6 FINALS READING (Practice 10 to 12)